

Name of Faculty	:	Faculty of Humanities & Social Science
Name of Program	:	Bachelor of Arts - Psychology
Course Code	:	1BAP06
Course Title	:	Adolescent Psychology
Type of Course	:	Skill Enhancement (SEC)
Year of Introduction	:	2023-24

Prerequisite	:	-
Course Objective	:	To equip the learner with an understanding of the concept and process of Growth, Development, and maturation of child. To impart an understanding of the various domains of child behaviour and methods of study. To inculcate sensitivity to socio-cultural context of child development and behaviour.
Course Outcomes	:	At the end of this course, students will be able to:
	CO1	Comprehend the essence and delineation of Adolescence, explore its intrinsic nature, analyze the stages of human development, and delve into the realm of Adolescent Psychology.
	CO2	Examine the facets of Physical, Mental, Emotional, and Social Development during the adolescent phase.
	CO3	Uncover Personality Development, Address Adolescent Needs, Identify Traits, Recognize Hazards.

Teaching and Examination Scheme

Teaching Scheme (Contact Hours)			Credits	Examination Marks				
				Theory Marks		Practical Marks		Total Marks
L	T	P	C	SEE	CIA	SEE	CIA	
2	0	0	2	50	25	00	00	75

Legends: L-Lecture; T-Tutorial/Teacher Guided Theory Practice; P - Practical, C - Credit, SEE - Semester End Examination, CIA - Continuous Internal Assessment (It consists of Assignments/Seminars/Presentations/MCQ Tests, etc.)

Course Content

Unit No.	Topics	Teaching Hours	Weightage %	Mapping with COs
1	Introduction to Adolescence: Meaning and definition of Adolescence, Nature of Adolescence, Stages of Human Development, Field of Psychology of Adolescence.	12	40	CO1
2	Development of Adolescence: Physical Development, Mental Development, Emotional Development, Social Development	8	25	CO2
3	Personality Development: Meaning of Personality development, Needs of Personality development, Characteristics of Adolescence Personality, Hazards of Adolescence.	10	35	CO3

Suggested Distribution of Theory Marks Using Bloom's Taxonomy						
Level	Remembrance	Understanding	Application	Analyse	Evaluate	Create
Weightage	25	75	-	-	-	-

NOTE: This specification table shall be treated as a general guideline for the students and the teachers. The actual distribution of marks in the question paper may vary slightly from above table.

Reference Books

Sr. No.	Name of Reference Books
1	Berk, L.E. (1989): Child Development, Aiiyn & Bacon.
2	Brodzinsky, D.M., Gromly, A.V. & Anibron, S.R. (1986): Life span human development, New Delhi, CBS Publisher.
3	English H.B. : Dynamics of Child Development
4	Crow L.D. and Crow Alice: Child Psychology
5	Hurlock Elizabeth: Child Psychology