

Name of Faculty	:	Faculty of Humanities & Social Science
Name of Program	:	Master of Arts - Psychology
Course Code	:	1MAP04
Course Title	:	Psychology: History, Culture, and Applied Transformations
Type of Course	:	Professional Core (PC)
Year of Introduction	:	2023-24

Course Objective	:	<p>To understand various theories and concepts related to different schools of psychology.</p> <p>To explain and classify historical origin of psychology in India.</p> <p>To facilitate students understanding about the harmonious development of the individual and the society.</p> <p>To examine the stages of experiential learning; self-knowledge for own sake, for healing, and for developing one's potential.</p> <p>To focus on Indian psychology and its indigenous perspectives on consciousness, self, meditation, motives and morality</p>
Course Outcomes	:	At the end of this course, students will be able to:
	CO1	Develop an appreciation of the need to have different perspectives in psychology
	CO2	Initiation of the journey of self-understanding by developing self-reflective skills and exploring self and personality from a developmental perspective
	CO3	Recognizing the various kinds of errors made during knowledge acquisition and steps to get rid of them
	CO4	Will facilitate knowledge about difference between western and indigenous psychology variety in psychology and the modern development in the field
	CO5	To enable students with the understanding of history of Psychology in India and future prospects
	CO6	Build knowledgebase on emerging trends, complexity, challenges and choices related to different schools of psychology

Teaching and Examination Scheme

Teaching Scheme (Contact Hours)			Credits	Examination Marks				
L	T	P		Theory Marks		Practical Marks		Total Marks
			C	SEE	CIA	SEE	CIA	
5	0	0	5	70	30	0	0	100

Legends: L-Lecture; T-Tutorial/Teacher Guided Theory Practice; P – Practical, C – Credit, SEE – Semester End Examination, CIA - Continuous Internal Assessment (It consists of Assignments/Seminars/Presentations/MCQ Tests, etc.)

Course Content

Unit No.	Topics	Teaching Hours	Weightage %	Mapping with COs
1	Introduction and Historical Overview Psychological thought in the West: Greek heritage, medieval period and modern period; The four founding paths of academic psychology; A fresh look at the history of psychology - Voices from non Euro-American backgrounds; Issues: Crisis in psychology due to strict adherence to experimental- analytical paradigm (logical empiricism); Move from a modern to a postmodern psychology; Diversity on Psychology- Psychology in Russia, China, American, South African Psychology and Indian-Asian Psychology.	15	20	CO1
2	Psychology in India Introduction to psychological thought in major Indian systems: Vedas, Upanishads, Yoga, Samkhya, Bhagavad Gita, Tantra, Buddhism, Sufism and Integral Yoga; Academic psychology in India: Pre- independence era; post-independence era; 1970s: The move to addressing social issues; 1980s: Indigenization; 1990s: Paradigmatic concerns, disciplinary identity crisis; 2000s: Emergence of Indian psychology in academia, Indic influences on modern psychology.	15	20	CO1 CO2
3	Paradigms in Psychology Three essential aspects of all knowledge paradigms: Ontology, epistemology, and methodology; Six important paradigms of Western psychology: Positivism, post-positivism, the critical perspective, social constructionism, existential phenomenology, and co-operative enquiry	15	20	CO3 CO4
4	Major Schools of Psychology Some traditional and contemporary attempts at synthesis of major schools of psychology, Hundred yearsof Indian Psychology; East and West: Transpersonal psychology, Ken Wilber's Integral psychology, Contemporary Buddhism, Sikhism, Kashmir Shaivism, Sufism, Kriya Yoga, Integral Yoga of Sri Aurobindo; Systems and theories: Vedas, Upanishads, Yoga,	15	20	CO5

	Samkhya, Bhagavad Gita, Tantra and Buddhism			
5	Value education, integral health and spiritual business environment Psychology in Indian Context, review and vision, Krishna murti and value education, Mir Ambika: Spiritual climate of business organization; Healing and pedagogy in Ayurveda; Aurveda for mind	15	20	CO5 CO6

Suggested Distribution of Theory Marks Using Bloom's Taxonomy						
Level	Remembrance	Understanding	Application	Analyse	Evaluate	Create
Weightage	25	75	-	-	-	-

NOTE: This specification table shall be treated as a general guideline for the students and the teachers. The actual distribution of marks in the question paper may vary slightly from above table.

Reference Books

Sr. No.	Name of Reference Books
1	Bhatia, S. (2002). Orientalism in Euro-American and Indian psychology: Historical representations of –natives! in colonial and postcolonial contexts. <i>History of Psychology</i> , 5(4), 376–398.
2	Brock, A. C. (2006). <i>Internationalizing the history of psychology</i> . New York: New York University Press.
3	Brybaert, M., & Rastle, K. (2009). <i>Historical and conceptual issues in psychology</i> . New Delhi, India: Pearson Educational.
4	Corelissen, R. M., Misra, G., & Varma, S. (Eds.) (2014). <i>Foundations and applications of Indian psychology</i> . New Delhi, India: Pearson.
5	Gergen, K. J. (1990). Toward a postmodern psychology. <i>The Humanistic Psychologist</i> , 18(1), 23.