

Name of Faculty	:	Faculty of Social Work
Name of Program	:	Master of Social Work (MSW)
Course Code	:	1MSW03
Course Title	:	Human Growth and Behaviour
Type of Course	:	Professional Core (PC)
Year of Introduction	:	2023-24

Prerequisite	:	-
Course Objective	:	Analyze the principles and interplay between heredity and environment in human growth and development, while critically examining prominent theories and stages of development. Explore the dynamics of human behavior, including motivation, emotions, conflicts, stress management, personality theories, and intelligence measurement concepts.
Course Outcomes	:	At the end of this course, students will be able to:
	CO1	To appreciate the relevance of the course as background and supportive context for social work practice.
	CO2	To develop an understanding of the concepts, growth and development, its nature, definitions and principles.
	CO3	To understand the role of heredity and environment in growth and development and the Interactive perspective.
	CO4	To understand the needs, developmental tasks and problems of various stages of lifecycle: prenatal, birth process, Infancy, childhood, adolescence, adulthood, middle age and old age.
	CO5	To be sensitive towards the human potentials for growth and change and also for effective self and personal adjustment

Teaching and Examination Scheme

Teaching Scheme (Contact Hours)			Credits	Examination Marks				
L	T	P		Theory Marks		Practical Marks		Total Marks
			C	SEE	CIA	SEE	CIA	
2	0	0	2	70	30	0	0	100

Legends: L-Lecture; T-Tutorial/Teacher Guided Theory Practice; P-Practical, C - Credit, SEE - Semester End Examination, CIA - Continuous Internal Assessment (It consists of Assignments/Seminars/Presentations/MCQ Tests, etc.)

Course Content

Unit No.	Topics	Teaching Hours	Weightage	Mapping COs
1	Nature and concept of growth and development: Concept of Growth and development. Characteristics of Principles of Development Interplay between Heredity and Environment, Methods of Studying Behavior	2	10%	CO1 CO2 CO3
2	Theories of Human Development: A Critical Look at the Theories of Development: Maturation Theory. Psycho-Sexual and Psycho-social Theory of Freud and Erik Erikson. Cognitive Theory of Jean Piaget and Behavioristic Theory.	4	10%	CO1 CO2
3	Human Development from Conception to Birth and Till Death: Stages of Life Span from Conception to Old age, Needs and Developmental Tasks of Each Stage, Problems associated with each Stages Indian Concept of Life Span Stages	6	20%	CO4
4	Dynamics of human Behavior: Motivation, Concept and Different Theories of Motivation Emotions, Definitions and Characteristics, Conceptual Framework	6	20%	CO5
5	Conflicts, Stress and stress management: Conflict and Its Resolution Stress and Stress Management, Adaptive & Defensive behavior, various defense mechanism.	4	10%	CO5
6	Personality and Theories of Personality: Concept, Definition and Determinants of Personality. Theories of Personality, Personality Types and Assessment.	6	15%	CO5
7	Intelligence and Its Measurement: Concept and Definition of Intelligence, Classification and Its Measurement, IQ, EQ and SQ.	6	15%	CO5

Suggested Distribution of Theory Marks Using Bloom's Taxonomy

Level	Remembrance	Understanding	Application	Analyse	Evaluate	Create
Weightage	25	25	25	25	-	-

NOTE: This specification table shall be treated as a general guideline for the students and the teachers. The actual distribution of marks in the question paper may vary slightly from above table.

Reference Books

Sr. No.	Name of Reference Books
1	Bigner J. J.(1983): Human Development: A Life Span Approach: Oxford
2	Hall Calvin & Gardner Lindzey 1985: Theories of Personality: John Wiley and Sons
3	Justin Pinkunas; Human Growth & Development of Personality Pergamon Press, Oxford.
4	Thorpe & Others Personality an Interdisciplinary Approach, New Delhi, New York.
5	Sabifert, K. Hoffnung: Life Span Development (2nd ed.), New York: Houghton Mifflin Co.