

Name of Faculty	:	Faculty of Nursing
Name of Program	:	Post Basic B.Sc. Nursing
Course Code	:	1PBN04
Course Title	:	Psychology
Type of Course	:	PC
Year of Introduction	:	2023-24

Pre requisite	:	Basic knowledge of fundamental of Psychology
Course Objective	:	This course is designed to reorient and widen the student's knowledge of fundamentals of psychology. The student is offered an opportunity to apply the theoretical concepts in the clinical setting and thereby understand the psychodynamics of patient behaviour. This course would also help the student to develop an insight into her own behaviour.
Course Outcomes	:	On completion of the course, the students will be able to
	CO1	Apply psychological principles while performing nursing duties.
	CO2	Distinguish the psychological processes during health and sickness.
	CO3	Analyze own behaviour patterns.
	CO4	Tabulate the psychological needs of the patients for planning nursing care.
	CO5	Participate in psychometric assessment of the client.

Teaching and Examination Scheme

Teaching Scheme (Contact Hours)			Credits	Examination Marks				Total Marks
L	T	P		Theory Marks		Practical Marks		
			C	YEE	CIA	YEE	CIA	
2	0	0	2.25	75	25	0	0	100

Legends: L-Lecture; T-Tutorial/Teacher Guided Theory Practice; P - Practical, C - Credit, YEE - year End Examination, CIA - Continuous Internal Assessment (It consists of Assignments/Seminars/Presentations/MCQ Tests, etc

Course Content

Unit No.	Topics	Teaching Hours	Weightage	Mapping With COs
I.	<ul style="list-style-type: none"> Introduction: Definition of psychology, scope and methods of psychology. Relationship with other subjects. 	03	5%	CO1
II.	<ul style="list-style-type: none"> Sensation, Attention and perception: Definitions Sensory processes: Normal and abnormal Attention and distraction: Contributory factors Characteristics of perception, perception: Normal and abnormal 	06	10%	CO2
III.	<ul style="list-style-type: none"> Motivation: Definition and nature of motivation Biological and social motives Frustration and conflicts Self-actualization 	06	10%	CO2
IV.	<ul style="list-style-type: none"> Emotions: Definition of emotions, expression and perception Emotions in sickness 	04	6.66%	CO2
V	<ul style="list-style-type: none"> Personality : Definition , constituents of personality Personality in sickness and nursing 	05	8.33%	CO2
VI	<ul style="list-style-type: none"> Psychological aspects of nursing Behaviour and sickness. Psychological needs of <ul style="list-style-type: none"> □ Child and adolescents □ Adult, Aged, Attendants □ Chronically ill individual 	05	8.33%	CO3

VII	<ul style="list-style-type: none"> • Individual differences • Significance of individual differences. • Heredity and environment • Role of individual differences both in health and sickness. • Implications of individual differences in nursing. 	05	8.33%	CO5
VIII	<ul style="list-style-type: none"> • Intelligence and Abilities: Definition • Intelligence and abilities during sickness • Measurement of intelligence and abilities. 	05	8.33%	CO3
IX	<ul style="list-style-type: none"> • Learning: Definition, conditions of learning • Laws of learning • Learning during health and sickness. 	06	10%	CO3
X	<ul style="list-style-type: none"> • Memory and forgetting: Definition and nature of memory • Memory during health and sickness. • Forgetting during health and sickness 	04	6.66%	CO3
XI	<ul style="list-style-type: none"> • Attitudes: Definition, Development and modification • Role of attitudes in health and sickness. 	05	8.33%	CO4
XII	<ul style="list-style-type: none"> • Concept of mental hygiene and mental health • Characteristics of a mentally healthy person. • Defense mechanisms. 	06	10%	CO4

Suggested Distribution of Theory Marks Using Bloom's Taxonomy						
Level	Remembrance	Understanding	Application	Analyse	Evaluate	Create
Weightage	30	30	25	5	5	5

*NOTE: This specification table shall be treated as a general guideline for the students and the teachers.
The actual distribution of marks in the question paper may vary slightly from above table.*

Reference Books

Sr. No.	Name of Reference Books
1	A textbook of Applied Psychology for nurses, D.Elakkavana Bhaskara Raj, First Edition Published by Emmess.
2	A textbook of Psychology, S.K.Maheshwari Amanpreet kaur, Published by Vision health science.
3	A textbook of Essentials of Psychology for Nurses A.N.Venkatesh Reddy Published by Published by Jaypee Brothers Medical.
4	A textbook of Applied Psychology, Jacob Anthikad, Published by Jaypee brothers medical publishers
5	A textbook of Behavioral Science(Psychology and sociology), S.K. Maheshwari Varinder kaur, Published by vision health science publishers.
6	A textbook of Basic Psychology, Ann. J. Zwemer, B.I. Publication, Pvt. LTD.
7	A textbook of Behavioural science, (Psychology) Amanprret Kaur Jahnd, Published by Peevee.