

Name of Faculty	:	Faculty of Nursing
Name of Program	:	Post Basic B.Sc. Nursing
Course Code	:	1PBN05
Course Title	:	Maternal Nursing
Type of Course	:	PC
Year of Introduction	:	2023-24

Pre requisite	:	Basic Knowledge of Reproductive system/Obstetrics
Course Objective	:	This course is designed to widen the student's knowledge of obstetrics during pregnancy, labour and puerperium. It also helps to acquire knowledge and develop skill in rendering optimum nursing care to a child bearing mother in a hospital or community and help in the management of common gynaecological problems.
Course Outcomes	:	On completion of the course, the students will be able to
	CO1	Describe the physiology of pregnancy, labour and puerperium.
	CO2	Manage normal pregnancy, labour and puerperium.
	CO3	Explain the physiology of lactation and advice on management of
	CO4	Be skilled in providing pre and post operative nursing care in obstetric conditions.
	CO5	Identify and manage high risk pregnancy including appropriate referrals.
	CO6	Propagate the concept and motivate acceptance of family planning methods.
	CO7	Teach, guide and supervise auxiliary midwifery personnel.

Teaching and Examination Scheme

Teaching Scheme (Contact Hours)			Credits	Examination Marks				Total Marks
				Theory Marks		Practical Marks		
L	T	P	C	YEE	CIA	YEE	CIA	
2	0	6	3.5	75	25	50	50	100+ 100

Legends: L-Lecture; T-Tutorial/Teacher Guided Theory Practice;P – Practical, C – Credit, YEE – year End Examination, CIA – Continuous Internal Assessment (It consists of Assignments/Seminars/Presentations/MCQ Tests, etc

Course Content

Unit No.	Topics	Teaching Hours	Weightage	Mapping With COs
I.	<ul style="list-style-type: none"> • Introduction and historical review • Planned parenthood • Maternal morbidity and mortality rates • Legislations related to maternity benefits, MTP acts, incentives for family planning etc., 	03	5%	CO1
II.	<ul style="list-style-type: none"> • Review of the anatomy and physiology of female reproductive system. • Female pelvis (normal and contracted) • Review of foetal development. 	05	8.33%	CO2
III.	<ul style="list-style-type: none"> • Physiology and management of pregnancy, labour and puerperium • Signs and symptoms and diagnosis of pregnancy • Antenatal care • Pregnant women with HIV/AIDS • Management of common gynaecological problems. 	15	25%	CO2, CO3
IV.	<ul style="list-style-type: none"> • The New born baby • Care of the baby at birth including resuscitation • Essential Newborn Care • Feeding • Jaundice and infection • Small and large for date babies • Intensive care of the new born • Trauma and haemorrhage. 	04	6.66%	CO2



V	<ul style="list-style-type: none">• Management of abnormal pregnancy, labour and puerperium• Abortion, ectopic pregnancy and vesicular mole.• Pregnancy induced hypertension, gestational diabetes, anaemia, heart disease.• Urinary infections, Antepartum hemorrhage• Abnormal labour (malposition and malpresentation)• Uterine inertia• Disorders of puerperium• Management of engorged breast, cracked nipples, breast abscess and mastitis• Puerperal sepsis• Post partum haemorrhage• Inversion and prolapse of uterus, obstetrical emergencies• Obstetrical operations i.e. forceps, vacuum, episiotomy, caesarean section.	24	40%	CO4, CO5,CO6
VI	<ul style="list-style-type: none">• Drugs in obstetrics• Effects of drugs during pregnancy, labour and puerperium on mother and baby.	04	6.66%	CO2
VII	<ul style="list-style-type: none">• National Welfare programmes for women• National Family welfare programme• Infertile family• Problems associated with unwanted pregnancy• Unwed mothers.	05	8.33%	CO7,CO6

Suggested Distribution of Theory Marks Using Bloom's Taxonomy						
Level	Remembrance	Understanding	Application	Analyse	Evaluate	Create
Weightage	20	30	30	10	5	5

NOTE: This specification table shall be treated as a general guideline for the students and the teachers. The actual distribution of marks in the question paper may vary slightly from above table.

Reference Books

Sr. No.	Name of Reference Books
1	A Comprehensive Textbook of Midwifery and Gynecological Nursing, Annama Jacob, 5 th edition, Jaypee publication
2	Textbook of Obstetrics and Gynecology , D.C Dutta, 13 th Edition, , Jaypee Brothers publication
3	Textbook of midwifery and obstetric for Nursing, Kamini rao, 1 st edition, Elsevier publication
4	Study book- Midwifery Nursing, Manisha u. Modi, 1 st edition, Amruttam publication
5	Textbook for midwives, Myles, 16 th edition, Elsevier publication
6	Textbook of midwifery and gynecological nursing , Sandeep Kaur, 2 nd edition, CBS Publication