

Name of Faculty	:	Faculty of Humanities & Social Science
Name of Program	:	Bachelor of Arts - Psychology
Course Code	:	2BAP02
Course Title	:	Fields of Psychology - II
Type of Course	:	Professional Core (PC)
Year of Introduction	:	2023-24

Prerequisite	:	-
Course Objective	:	Explore the intersections of health, sports, environmental factors, and counseling principles to develop a comprehensive understanding of how these aspects influence overall well-being and the promotion of a healthy lifestyle.
Course Outcomes	:	At the end of this course, students will be able to:
	CO1	Learn the concept of school of psychology for Health & Sports
	CO2	Learn the concept of school of psychology for Environment & Counselling

Teaching and Examination Scheme

Teaching Scheme (Contact Hours)			Credits	Examination Marks				
L	T	P		Theory Marks		Practical Marks		Total Marks
3	2	0	C	SEE	CIA	SEE	CIA	
			4	50	25	50	25	150

Legends: L-Lecture; T-Tutorial/Teacher Guided Theory Practice; P - Practical, C - Credit, SEE - Semester End Examination, CIA - Continuous Internal Assessment (It consists of Assignments/Seminars/Presentations/MCQ Tests, etc.)

Course Content

Unit No.	Topics	Teaching Hours	Weightage %	Mapping with COs
1	Health	15	25	CO1
2	Sports	15	25	CO1
3	Environmental	15	25	CO2
4	Counselling	15	25	CO2

Suggested Distribution of Theory Marks Using Bloom's Taxonomy						
Level	Remembrance	Understanding	Application	Analyse	Evaluate	Create
Weightage	25	75	-	-	-	-

NOTE: This specification table shall be treated as a general guideline for the students and the teachers. The actual distribution of marks in the question paper may vary slightly from above table.

Reference Books

Sr. No.	Name of Reference Books
1	Health Psychology: Biopsychosocial Interactions" by Edward P. Sarafino
2	Sport Psychology: Concepts and Applications" by Richard H. Cox
3	Environmental Psychology" by Paul A. Bell
4	Counseling and Psychotherapy: A Christian Perspective" by Siang-Yang Tan